



Christ Has No Body

Christ has no body but yours,
No hands, no feet on earth but yours,
Yours are the eyes with which he looks Compassion on this world,
Yours are the feet with which he walks to do good,
Yours are the hands, with which he blesses all the world.
Yours are the hands, yours are the feet,
Yours are the eyes, you are his body.
Christ has no body now but yours, No hands, no feet on earth but yours,
Yours are the eyes with which he looks compassion on this world.
Christ has no body now on earth but yours.
by: St. Teresa of Avila

"Those things we do so that others may live" - New York City Relief

We love people, so we help feed those in need.

Jesus helped those in need, giving us an example of someone to follow.

Jesus is the best leader and we are the hand and feet of Jesus.

Over February break, the Queensbury United Methodist Church Youth Fellowship had a three day mission event. We helped serve food at our local soup kitchen and traveled down to New York City to help feed the homeless there in the city and share the good news of Jesus Christ. It was an uplifting experience that everybody should experience. As followers of the Lord, we should go out and help others, no matter what. We need to find the time to do things for others in this busy world, for that is God's plan.

Scripture:

"Whoever does not love does not know God, because God is love." **1 John 4:8**

"For I was hungry and you gave me food, I was thirsty and you gave me drink, I was a stranger and you welcomed me" **Matthew 25:35**

"Feed the hungry and help those in need. Then your light will shine out from the darkness and the darkness around you will be as bright as noon." **Isaiah 58:10**

Dear Lord, continue to help us be your hands and feet and to help other people at all times. Help us to have strength and have compassion for those less fortunate than we are. Also help us to find the time in our busy schedules to help others and serve the community as well as spread your peace throughout the world. Help us to go past our greed to actually go out and do something about the problems around us. Amen.