

## **Take Home Exercise, Questions and Intentional Discipleship Plan Chart**

### **Exercise with leadership and Church:**

Using the acrostic, D I S C I P L E, let the group identify characteristics of a Disciple.

Ask: Are there any missing?

In your group(s) assign each person a scripture passage. Please read their scripture to themselves individually. Have each person circle or underline the characteristic of a disciple they see in their assigned passage. (If there are more passages than people, work on additional passages together)

Then share with the group their characteristics, having other group members look at their passages. Write responses down on a newsprint sheet

Are there any scriptures the group would add?

### **Ask each person to reflect on and answer these questions individually:**

1. What is your vision of being a disciple?
2. Do you know someone who is a disciple?
3. What makes them a disciple in your eyes?
4. Who do you think of when we think of a disciple?  
Who is that one person(s) in our lives who was Jesus to us?

Share their reflections with the group.

### **With all this information:**

Take some time to identify and agree on the top 5 or 6 characteristics of a Disciple.

Ask: Where are each of us in our life in developing these characteristics or 'habits' of a Disciple?

### **Intentional Discipleship plan Team:**

Using this information and the information you gathered at the training, place the 5 or 6 characteristics on the left hand column of the Intentional Discipleship Plan Sheet. Together brainstorm possible characteristics of a Disciple at each of the 3 stages of growth and development. Ex: What would be 'expected of a disciple at the new or exploring stage for each of the characteristics? At the Growing stage of each characteristics? At the Mature stage of each characteristics.