

Important Information for UNY Conference health insurance participants who are Medicare-eligible & receiving an HRA

*The following information relates to persons enrolled in **Via Benefits** through the Upper New York Conference*

HEARING AID BENEFIT

The benefit for hearing exams and hearing aids is provided as a supplemental benefit directly from Upper New York Conference. A reimbursement form is available from the Benefits Office.

Benefit: Exam – participant will be reimbursed charges up to \$100 for one exam each calendar year, subject to a \$20 co-payment
Hearing Aids – participant will be reimbursed 50% of the cost of hearing aids, up to \$500 per ear, every 24 months

WALKING PROGRAM

Participants can join or continue to participate in the Virgin Pulse walking program. New enrollees will receive their first pedometer free of charge. Incentives will be structured to mirror the under age 65 participants and are subject to change by HealthFlex. If not currently enrolled, go to join.virginpulse.com/wespath to register and enroll.

Benefit: Earn health cash for reaching quarterly goals.
Better Health! Lower blood pressure, lower cholesterol, increased strength and endurance, better sleep.

BLUEPRINT FOR WELLNESS

Upper New York Conference will offer the Blueprint for Wellness to retirees in Via Benefits. Blueprint for Wellness is a comprehensive blood test administered at a Quest Labs facility.

Via Benefits participants can call to schedule a screening during the screening window (January– July).

By phone:

- Dial **1-855-623-9355** to speak with a Quest Diagnostics customer service representative.
- Provide name and date of birth.
- Identify the program name as **United Methodist Church**. The customer service representative will assist the participant or spouse in selecting the event or screening location of their choice.