

# 2020 UNY Annual Conference Menu

*Nutritional Information will be available on site at Annual Conference*

## Thursday Lunch, Buffet

- Regular
  - Grilled Chicken wraps
  - Chips
  - Fruit
  - Cookies
- Gluten-free/Vegetarian/Vegan
  - Vegetarian lasagna
  - Gluten free rolls
  - Gluten free desserts
  - Fruit cups

## Thursday Dinner, Buffet

- Regular
  - Baked Ziti
  - Tossed salad
  - Garlic bread
  - Vegetable
  - Apple pie
- Gluten-free/Vegetarian/Vegan
  - Gluten-free pasta with veg. sauce
  - Tossed salad
  - Gluten free rolls
  - Gluten free desserts
  - Fruit cups

## Friday Lunch, Buffet

- Regular
  - Beef on Weck
  - Roasted potatoes
  - Garden salad
  - Half moon cookies
- Gluten-free/Vegetarian/Vegan
  - Vegetarian burgers
  - Gluten free rolls
  - Roasted potatoes
  - Garden salad
  - Gluten free desserts
  - Fruit cups

## Friday Dinner, Buffet

- Regular
  - Cornell chicken
  - Salt potatoes
  - Green beans
  - Assorted cakes
- Gluten-free/Vegetarian/Vegan
  - Stuffed portabella mushrooms
  - Salt potatoes
  - Green beans
  - Gluten free desserts
  - Fruit cups

## Saturday Lunch, Buffet

- Beef spiedies
  - Salad
  - Roll
  - Chips
  - Jello
- Gluten-free/Vegetarian/Vegan
  - Vegetable kabobs
  - Salad
  - Gluten-free roll
  - Gluten free desserts
  - Fruit cup