

2019 UNY Annual Conference Menu

Nutritional Information will be available on site at Annual Conference

Wednesday Lunch, Buffet

- Regular
 - Chicken tacos
 - Mexican rice
 - Refried beans
 - Fruit
 - Brownies
- Gluten-free/Vegetarian/Vegan
 - Vegetarian lasagna
 - Mexican rice
 - Refried beans
 - Fruit
 - Gluten free desserts
 - Fruit cups

Wednesday Dinner, Buffet

- Regular
 - Pasta with 3 sauces
 - Tossed salad
 - Garlic bread
 - Vegetable
 - Half-moon cookies
- Gluten-free/Vegetarian/Vegan
 - Gluten-free pasta with 3 sauces
 - Tossed salad
 - Gluten free rolls
 - Vegetable
 - Gluten free desserts
 - Fruit cups

Thursday Lunch, Buffet

- Regular
 - Beef on Weck
 - Roasted potatoes
 - Garden salad
 - Assorted cake
- Gluten-free/Vegetarian/Vegan
 - Vegetarian burgers
 - Gluten free rolls
 - Roasted potatoes
 - Garden salad
 - Gluten free desserts
 - Fruit cups

Thursday Dinner, Buffet

- Regular
 - Cornell chicken
 - Salt potatoes
 - Grandma Brown baked beans
 - Apple pie with cheddar cheese

- Gluten-free/Vegetarian/Vegan
 - Stuffed portabella mushrooms
 - Salt potatoes
 - Grandma Brown baked beans
 - Gluten free desserts
 - Fruit cups

Friday Lunch, Boxed

- Regular
 - Turkey, Tuna or PB&J sandwich
 - Chips
 - Fresh fruit
 - Cookies
- Gluten-free/Vegetarian/Vegan
 - Boxed grilled chicken salad or garden salad
 - Fruit
 - Gluten free desserts
 - Fruit cups

Friday Dinner, Buffet

- Regular
 - Ziti
 - Garden salad
 - Garlic bread
 - Ice cream sundaes
- Gluten-free/Vegetarian/Vegan
 - Gluten-free pasta
 - Garden salad
 - fruit
 - Gluten free desserts

Saturday Lunch, Buffet

- Beef spiedies
 - Salad
 - Roll
 - Chips
 - Jello
- Gluten-free/Vegetarian/Vegan
 - Vegetable kabobs
 - Salad
 - Gluten-free roll
 - Gluten free desserts
 - Fruit cup